

FEB 2026

Use this calendar to tick off daily climate friendly tasks and ideas

SUN	MON	TUE	WED	THU	FRI	SAT	
	01	02	03	04	05	06	07
	08	09	10	11	12	13	14
CLIMATE CLINIC	15	16	17	18	19	20	21
			<u>WEEK ONE:</u> Consciously switch off lights when leaving a room.	Consider switching your energy to a renewable energy supplier or tariff.	Unplug devices and turn off chargers when not in use.	Lower your thermostat by 1-2 degrees Celsius.	
	22	23	24	25	26	27	28
Take a "Tech Sabbath" one day this week.	Line-dry laundry instead of using a dryer.	Put lids on pans when cooking.	<u>WEEK TWO:</u> Identify a weekly meat free day, and share a recipe with a friend or family member.	Choose local and seasonal produce-try going to Wilson's greengrocers.	Consider growing your own food; or visit the Community Kitchen Garden for inspiration on what you could grow	Sign up for the "Big Plastic Count" to get an idea of your Plastic Usage and how you could cut down.	

