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PAGE 20





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Test



VIEW FROM THE RECTORY

Ask people what their favourite passage is in the Bible and many will quote something from the Psalms. It's understandable as the psalms are basically poems and taken together (all 150 of them!) they express all the different and varied emotions of life. Psalm 121 is a favourite of many and is one of several psalms known as Psalms of Ascent. These were sung by those travelling to Jerusalem for the three great Jewish Feasts - Passover, The Feast of Weeks and the Feast of Tabernacles. And so these are travel songs, songs for the road, songs for the journey of life. They are called Psalms of Ascent not only because the people were going up to Jerusalem, but because the psalms themselves lead us upwards to God in our own personal walk and help us to look to him. And it is in this sense that they are stepping stones to God's heart for our journey and for our life.

We all need help at times in life. The Beatles used to sing: "I get by with a little help from my friends." Where do you go when you need help? Do you call on family? Friends? Dial 999? It's good to have a support system in place, but we need to look further than that, because history and experience teach us that no safety plan, no insurance policy, no security system can keep you absolutely safe in this life. You can follow all the safety rules, take every precaution, exercise and eat well, and things can still go wrong. That's why I'm always so relieved that we can look to God for help - and he's on speed dial for us 24/7! Psalm 121 is a psalm about trusting in God's providential and continuing care. Let's look at it:

I lift up my eyes to the mountains where does my help come from? 2 My help comes from the Lord, the Maker of heaven and earth. 3 He will not let your foot slip he who watches over you will not slumber; 4 indeed, he who watches over Israel will neither slumber nor sleep. 5 The Lord watches over you the Lord is your shade at your right hand; 6 the sun will not harm you by day, nor the moon by night. 7 The Lord will keep you from all harm he will watch over your life: 8 the Lord will watch over your coming and going both now and forevermore.

As I said earlier, many Jewish families read this psalm out loud together before going on their journey to Jerusalem. It seems to me that many of us will be making journeys this month as the holiday season kicks in - airport and rail strikes not withstanding! How do you feel before setting out on your journey? Excited and expectant no doubt but there can be some concern and anxiety too as we step out of our usual environment to head off somewhere new. And what will the journey hold? Hopefully it will be very easy and straightforward but we never completely know what lies ahead. That's why I think that this is always a good psalm to have before us. It teaches us three big truths about God's help and care for us. 1) He is our helper. 2) He is our protector. And then finally, 3) He will keep us from all harm. We are safe and secure in him. That's always going to be good news!

James



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Thank you, Overton, for Scarecrow Festival 2022!





OVERTON News



OVERTON WINE CLUB

On a very warm June evening we had an enjoyable meeting hosted by Charles and Angela.

All wines were from the Overton *Co-op* and introduced to the members excluding the price.

The white wines were:

Irresistible Prosecco at £7 and it certainly was. It has won the Which award for best Prosecco on the high street multiple times.

Co-op Fairtrade Torrontés Chardonnay Argentina £5.75. A fresh and aromatic wine with a distinct peach and apricot aroma.

Yealands Sauvignon Blanc Marlborough, New Zealand £10.50. Bright and crisp with notes of stone fruit and guava.

The red wines were:

Co-op Irresistible Carmenere Chile £7 with the best label seen on a bottle of wine for a long time. Recently voted the best wine in Chile. Flavours of juicy plum, cherry, and dark fruit.

Running with Bulls Tempranillo Australia £9.75. A youthful and vibrant wine, unoaked, fermented dark cherries, chocolate and blueberries and spicy tannins. Super drinkable.

Château d'Arsac Margaux France £24. From Medoc, Bordeaux, a mixture of 72% sauvignon and 28% merlot noir. A fruity wine that can be drunk young or laid down.

The conclusion was that we have excellent wines on our doorstep and all within walking distance!

We meet every third Thursday of the month at 7.30pm. New members always welcome.

Please contact overtonwineclub@gmail.com for more details.

Tel: Robin Taylor 01256 770049

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Bring your own containers / tubs /empty bottles to Café Pueblo and Fill Them Up from the range of food and household items available at the back of the shop.

Or contact Agne (facebook.com/Fillthemup/) for more information.

LIVE WELL LONGER

SHOPPA SERVICE FROM OVERTON ON THURSDAYS & FRIDAYS



Dial-A-Ride operate a shopping service from Overton on Thursdays

(Morrisons and Basingstoke) & Fridays (Asda & Sainsbury – Hatch Warren). The cost is £4.80 return for those with a bus pass or £6 otherwise.

Thursday pickup in Overton from 9.00 to Morrisons then Basingstoke Town Centre returning at 12.00 & 12.10. Friday pickup in Overton from 9.30 to Asda then Sainsbury Hatch Warren returning at 11.30.

Bookings can be made between 08.30 & 16.30 on **01256 462101** or **01256 574401**. Users need to complete a registration form before their first booking.

If you, or a member of your family, need help with benefits, help around the home, transport for shopping & hospital visits, social activities, safety at home, health & care services and much more, contact Janet and the team on 07341 983305 or email livewelllonger@ overtonparishcouncil.gov.uk

OVERTON ART GROUP

Annual Summer Exhibition & Sale

19th – 21st August 2022 at the Recreation Centre, Bridge Street, Overton RG25 3HD

Friday 19th: 6.00 – 9.00pm Saturday 20th and Sunday 21st: 10.00am – 5.00pm

Entrance is free, and free parking is available. You are welcome to come along and browse, and perhaps find an original work of art you would like to own or give as a special gift.

We hope you are able to pop along.





LAVERSTOKE AND FREEFOLK NEWS

ST MARY THE VIRGIN, LAVERSTOKE WITH FREEFOLK

Our New Curate

Congratulations to Charlie Seligman who was ordained as a deacon at Winchester Cathedral on Sunday 3 July. The service was a very moving and beautiful occasion and it was lovely to see so many young people coming into the ministry.

We wish Charlie every success in his new role as curate.

Brenda Bond, Churchwarden, bondb@btinternet.com, 01256 895594

PLATINUM JUBILEE MUGS AND GOODIES

For the Queen's Jubilee the Parish Council organised a memorabilia goody bag for each of the under-16s resident in the villages. Over 80% of the packs have been given out now – either at the Jubilee party or as we have seen people around and about. However, we are keen to ensure that all the children have their gift so if your little ones haven't had theirs yet please can you email laverstokeclerk@gmail.com to arrange collection. Thanks to the National Lottery for providing the funding for them.



GARDEN REPAIR SHOP WIN

Hardy's are very proud to announce a fantastic result at *BBC Gardeners' World Live* in Birmingham in July. Our 'Back to the Repair Shop' display designed by Rosy Hardy achieved not just a platinum award but also 'Best Display of Summer Plants 2022'.

JUBILEE L&F STYLE!

Our Party in the Park kicked off with our Victoria sandwich cake competition. Congratulations to our L&F champion, Luce Crosthwaite, for an all round gorgeous cake. Thanks to Julian Sheffield and Jo Ayre for their judging skills.

Our order for fine dry weather paid off and the sun shone. The Men's Shed had a stall showing off their wares and they made our 12 hobby horses which we used to great effect in the races – the Queen Elizabeth Wardrobe Stakes which involved dressing up like HRH, followed by Born with a Silver Spoon race – but the eggs took a battering and only went 2 or 3 rounds!

Our Crown Dependency Isle of Man TTT 3-legged race saw some wild action and impressive motorbike noises. The games finished with the Ralph Lauren Mint Cup Polo where teams of children and then adults pitted against one another on their wooden steeds.

At 6pm we moved over to LRH where the BBQs were lit. The Millennium Green team set up their bar in the hall and



the DJ started his set. The dance floor hotted up as the sun when down and we were cutting some fine shapes on the dance floor right through to the closing rendition of the *National Anthem*.

Thank you to all who helped pull the wonderful day together and the cake-makers, the tea-makers, the decorators, the Men's Shedders, the gazebo putter-uppers, the race judges & helpers, the bbq-ers, the bar mixologists, the cake competition judges, the sandwich providers, those who danced their socks off and everyone who came and participated.

And a special thanks to *Bombay*Sapphire and Bordeaux Index for aiding the Millennium Green fundraising bar.
We were also lucky enough to be in receipt of a National Lottery 'Awards for All' grant so big thanks also to everyone who plays the National Lottery.

TRASHING AT RIVER

With the hot weather we get an influx of visitors to the river at Freefolk. Sadly many are leaving litter not just by the banks but in the horse fields close by.

This is a hazard not just to those of us who come to enjoy a quiet walk in one of the rare River Test public access spots but the horses too, as well as a threat to our precious chalk stream environment.

It is also an absolute eyesore. This is all the more irksome as it's in a beautiful conservation area. There are inflatable plastic rings being left along with drink cans, underwear, takeaway boxes. If we don't stop this issue we shall lose this precious access.



Thanks to our residents who regularly pick up and take home our visitors' detritus.

Most concerning though was the tampering with the sluices a couple of weeks back. Both were let down by vandals, causing the water to back up, blocking access for the river fauna. They have now been secured by the river keeper and must not be touched.

You are invited to a Cream Tea

at 22 Pound Road, Overton on Sunday 7th August from 2.00 – 3.30pm



To celebrate Echo's 10th birthday and raise money for Hearing Dogs for Deaf People

Echo is my hearing dog and very special to me. On 7th August he will be 10 years old.

In 2009 I applied for a hearing dog from the charity, *Hearing Dogs for Deaf People*, and on a joyful day in 2013 I heard that I had been matched with a beautiful chocolate coloured working cocker spaniel named Echo.



My first photo of Echo - sent by Hearing Dogs for Deaf People

Echo has had a huge impact on my life. I was born profoundly deaf and although I am able to cope with everyday life most of the time, it can be lonely as deafness is an invisible disability. It can also be exhausting: Unlike hearing people, who can hold conversations while doing something else or looking elsewhere, I have to concentrate hard on people's lips, facial expressions and any tiny sounds I do hear in order to communicate at all. If I arrive in the middle of a conversation or if there are sudden or quick changes of subject, I am unable to make any sense of what is being said. This

is both frustrating and isolating. I am unaware of everyday sounds around me - cars, people trying to get my attention, alerts such as phones ringing, etc. The constant fear of missing a crucial sound like a fire alarm can be mentally and physically draining for me.

Although hearing dogs cannot take away the difficulties faced by a deaf person, they can help to reduce the feelings of isolation, fear and exhaustion.

Echo helps me by keeping me safe in my home by alerting me with his nose if the fire alarm goes off, or the door bell or phone rings. His favourite sound is the alarm clock as he is allowed to jump on my bed to wake me and won't give in until I get up. Echo gives me confidence and is a great comfort.

Hearing dogs wear a distinctive burgundy working jacket when out

in public. The jacket tells Echo that he is 'on duty' and helps make the public aware that I am deaf making deafness more 'visible'.

I would like to see *Hearing Dogs for Deaf People* promoted more and I want to play my part in that as much as I can. I'm so passionate about the work they do and I just can't praise everyone who works there enough.

This year the charity is celebrating its 40th anniversary. To celebrate this anniversary and Echo's birthday, I would like to invite you all to a Cream Tea on Sunday 7th August when I also hope to raise funds for the charity which gave me this unique little dog who in turn has given so much to me.

Tickets are £5 per person. Contact me on 01256 770672 or email mariansweet@hotmail.co.uk

Marian Sweet

Echo in his working jacket

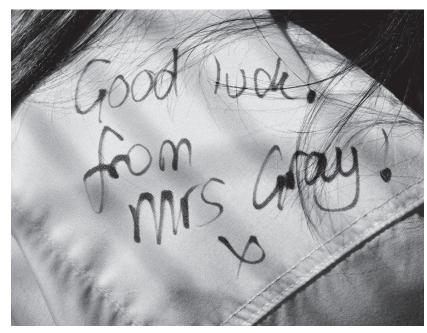


News from Testbourne Community School



June and July were very busy months for Testbourne. Primarily, we were focused on seeing our Year 11 students through to the last of their exams. Once again, we would like to recognise their hard work and effort which will be reflected in their final grades. With the exams over, we held our Year 11 Leavers' Event and we couldn't have asked for better weather. The afternoon was full of emotion, laughs and goodbyes. There were speeches, awards, live music, shirt signing, ice-cream - but predominant were the farewells. It has been an honour to watch these students grow into young adults. We wish them all the best for the future.

From Year 11, attention quickly turned to Year 5 students doing their taster day at secondary school. This year's theme was 'Adventures on Trains', based on the popular book series by M. G. Leonard and Sam Sedgman. We



gave them a taste of Testbourne's Science, Art, Geography and Drama lessons, amongst others.

Most recently we held our Year 6 Transition Day and our New Intake Parents' Information Evening. In recent years we had to host these events over the internet but finally this year we were able to have our new joiners with us for the day, and then to invite parents to meet their child's new tutor, head of year and headteacher. Thank you all who attended.

And finally, we would like to say thank you to our dedicated Year 9 and 10 student helpers who guided our student and parent visitors in and around the school site, and generally helped ensure that the day ran as smooth as possible.

Aaron Baker,
IT & Marketing Officer
Testbourne Community School
01256 892061
https://www.testbourne.school/
admin@testbourne.school

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The collection boxes at the back of both churches can now be used again, as well as the one in Overton *Co-op*.



Fun in the Sun

SUN CREAM

It is very important to make sun cream application part of your morning routine and to re-apply throughout the day.

SUN HATS

Sun hats protect the head and neck area. Young skin is more susceptible to sunburn so extra precautions are necessary. Not all children like wearing hats. If that is the case let them choose one they like, be it a bucket hat or a cap.

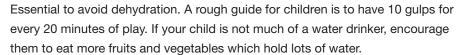
TICKS

Ticks are picked up from long grass. To remove a tick safely use a tick tweezer. It's very important to remove the whole tick including the head. Ticks can carry and transmit Lyme disease. If the bite area develops a bullseye ring around it go to the doctor straightaway to be tested for Lyme disease which is treatable when caught early.

FLIP FLOPS

Flip flops are not the best footwear for small children. Summer shoes with good heel straps are a better choice to ensure their feet are well supported and protected.

WATER



At Overton Preschool Playgroup we will always do our bit to keep the children safe in the sun. We hope you all have a great summer.

Emma Booth





Churches Open Day and sponsored cycle ride or walk

Visit beautiful churches and help raise funds to maintain them.

The group of cyclists and walkers will start from St Mary's Church at 10.00am.

Route maps available on the day.

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The main club room and the playroom can each accommodate 60 people and can be used as one space by opening a partition. There is also a small meeting room suitable for committee meetings. and the forecourt can be hired for outdoor events.

Bookings: Mrs B Shelbourn, 12 Woodlands, Overton Tel: 01256 770061

www.overtoncommunitycentre.org.uk



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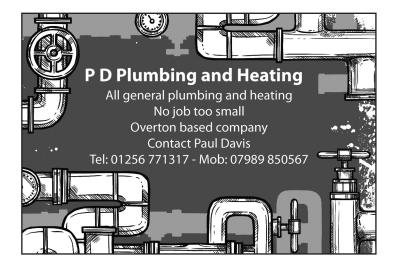
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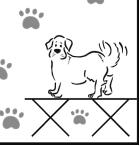
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OVERTON AND LAVERSTOKE HANTS.

50 years ago

Extracts selected by Valda Stevens

Vol. 13 No. 8 AUGUST 1972

The Test

THE RECTOR WRITES...

My dear Friends,

I am now able to announce that my successor is the Rev. R. M. W. Powell, at present Rector of Tarporley in Cheshire. Tarporley is a parish not unlike Overton and Laverstoke together in size. He previously had experience as an Industrial Chaplain in Egypt and as Vicar of a small rural parish four or five miles from Worcester. So he brings to our two parishes a wide experience which should fit in well with his work here.

Mr. Powell has commitments in his parish which will prevent him coming until after Christmas. In the interregnum it is fortunate that Mr. Evans will have the help of Mr. David Hoare in conducting Sunday services. In passing I may say that Mr. Hoare is temporarily taking over from me the onerous – and unpaid – position of Editor of 'The Test'!

One or the privileges of being an Honorary Canon of Winchester is to share the St. Swithun's Day celebration in the Cathedral. This year, like last year, the weather was superb. It was last year that, following the discovery of the grave where St. Swithun was first buried a thousand years ago, a stone bearing just his name was placed to mark the spot. Now for two years his day has belied its reputation for bad weather ascribed by tradition to the Saint's anger when his body was first moved. Who knows whether this belated restitution may make it possible for him to relent and give us sunshine instead of rain on the 15th July every year!

Yours very sincerely,

OVERTON NOTES

DELIVERY of the two church pews in memory of Ron Saunders and Charles Drinkwater, has now been made. We still await the experimental pew front, which is

to be made and tried out before the final design is approved.

BELLRINGERS of the Basingstoke District gathered for a Quarterly Meeting at Overton on July 22nd and were joined by visitors from other areas. After good ringing by beginners and experts alike there was the usual service in church, and then some 50 sat down to a first rate tea laid on by the Overton band. At the end of the business

meeting which followed Mr. Jack Chesterman (Vice Chairman) presented a suitcase to Canon Sanders in recognition of his services for 12? years as District Chairman and a Parker pen to Mrs. Sanders who has accompanied him to so many meetings.

THE WEATHER MAN RELENTED for the "Follow Up" of the washed out Church Fete in June and the result was a very pleasant evening indeed. Special commendations – David Holmes for his church photograph sale, the "Hot Dog Ladies" for their tasty product, and the two entertainments by the Keep Fit Ladies and the Army Cadet Force. Efficient organisation and lots of cheerful help made this a good evening, netting a profit of £64.

IMPENDING DISAPPEARANCE of the very tall chimney at Overton Mill will remove a landmark from our countryside. Because of its position it has been visible from many surrounding areas, some quite distant. Now, in the interests of progress, it is to go, and some will say "Ichabod" (the glory has departed).

A FEATURE of life in Overton on Monday evenings this summer has been the sound of children's voices enjoying themselves at the Recreation Centre. This has been made possible by the voluntary efforts of the group of adults who have made themselves responsible for supervision and training in different games – a very worthwhile piece of community service.



<u>Gold - Good and Evil</u>

July saw the beginning of the dramatic change in the countryside when the fields of corn ripened for harvest. It is a reminder that the year is hastening on. The gold will give place to the straw colour of the stubble, soon to be

turned under by the plough.

Gold of a far more sinister nature has been seen lately - the yellowing of leaves of elm trees afflicted by the dreaded Dutch disease. I noticed quite a number of these in our area, particularly in Southington Scrubs - the area by the tunnels at the top of Sapley Lane. There seems to be no cure for this disease which is spread by a beetle. All that can be done is to fell the trees but I hear that in some parts of the country the disease is so widespread that this necessary step will rob whole areas of one of our best trees.

Teen-age Gear

In the world of man, the young are often brilliantly arrayed – particularly nowadays. In the world of birds (feathered!) things are very different. You have only to think of the dinginess of signets compared with the regal beauty of full-grown swans, or the absence of the bright red breast in young robins, or to compare a young cock pheasant with the splendour of adult, to realise how true all this is. This point was driven home to me the other day when I saw a group of young birds and tried to puzzle out what they were. Only their flight and general manner proved them to be young goldfinches, so dingy were they compared with the brilliant colours of the adult bird.

'Garge'

Rita's Story | 22nd February 1955

On 22nd February 1939, sixteen years ago to the day, I set out on my voyage to England. Unlike the many journeys I was to make since then, this one was no pleasure trip.

I glanced along the packed night train. There was none of the excited laughter and cheerful banter normally associated with an anticipated journey; it felt more like a ghost train. In almost every compartment travellers had some of their nearest family circle gathered on the silent platform.

The final minutes before the train's departure were a great strain. My parents and I held each other's hands. There was still so much to be said, so much encouragement to be given on both sides, but we could not find the words. Furthermore, we all knew that we were being closely watched: someone might take a chance and slip money, a tiny ring or a small jewel into a passenger's pocket (all jewellery other than wedding rings was confiscated); worse still, someone might try to smuggle evidence of his or her experiences in a concentration camp (I knew that those lucky enough to be released had had to sign a document that none of them were ever subjected to any ill-treatment). We who were leaving had only one thought: What would happen to those unfortunate ones who had to stay behind until we, who went in search of freedom, could manage to let them follow? And what guarantee was there for us? Would we get safely across to the other side, away from being watched and followed, abused, accused of almost every human indecency? Amid the quiet prayers and tearful farewells, interspersed with the harsh commands of the Brown Shirts and the rattle of their jack-boots, the ghost train slowly moved into the night.

My tears finally won the battle over my will to be brave and I sat shivering with cold and grief. I was one of three siblings. Within the space of two years my parents, who were both 50, had waved goodbye to my two brothers and now it was my turn. Would one of us be able to get them to safety before it was too late?

A sudden halt to the train made us jump. Some bold person tried to pull up the blinds but a nerve-shattering comando voice ordered him to close it. The less we could use our eyes the more sensitive our ears became to every tiny sound outside. My watch confirmed it was 3.00am. Fear gripped us; experience over the past years had taught us to dread the early hours of dawn. We did not have to wait long before a woman's heart-rending screams from somewhere along the train were heard, pleadingly first, then fearful, savage, without pause, and words like, "take me... let my children go..." signalled that 'the hunt was on'. The silence that followed was even more terrifying. In the next compartment a mother crooned to her child; an old man prayed aloud. A shot rang out. A moan like that from a wounded animal followed, something heavy fell to the ground then just the sound of jackboots running alongside the train which was already moving again.

Physically and mentally exhausted, I fell asleep once more. At about 6am we reached the border town. Heavy footsteps were heard again making my heart almost burst with fear, but seeing Passport and Currency Control officials from both sides brought cautious relief. Nearly all passport holders in my carriage had a large 'J' for Jew stamped on the first page but, as well as other standard entries, and printed in large letters across the page, was the curious statement, 'ONE-WAY-TRAVEL ONLY' - a kind of exit permit. Our kennkarte (identity card) completed the branding the stigmatising 'Sara' on the women's ID cards, and 'Israel' on the men's 1 (see also Rita's birth certificate, pictured). Officials from our side had their

instructions and we were duly searched and no matter how ingenious the hiding place, currency was found and seized. By contrast, the officials of the country through which we passed showed no interest at all in any of our belongings, and at long last we were told to leave this nightmare train and hurry to the waiting boat.

In a kind of trance I reached the boat. I had not made any friends on the train and was left to myself and the many thoughts which chased around my mind. Although it was midday, the 23rd February, the sea was grey, reflecting the same coloured sky, and both the sea and sky merged together into one in the far distance - this far, unknown distance - sensed as a haven of security which, to most of us, meant the end of our journey. A strong wind blew up and the water became slightly choppy. But I did not mind; there was only the afternoon and the night, the rhythmic movements of the boat and the feeling of having been saved from human evil. We were due to land in Harwich the next day.

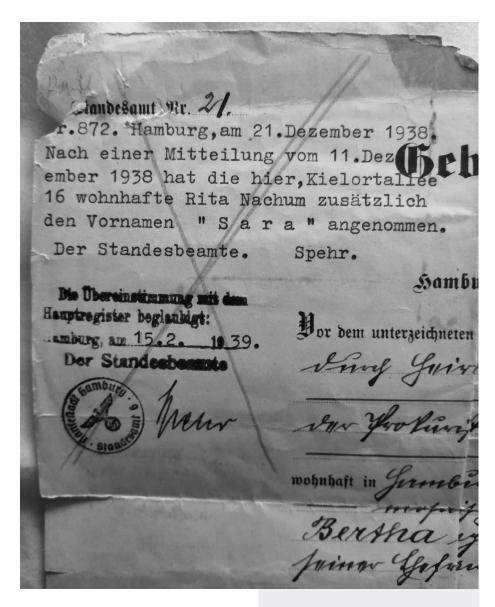
My memories of the journey across the North Sea are completely extinguished from my mind. I was exhausted, and sleep, I guess, was my only friend during those hours. I clearly remember, however, the entrance into the harbour, the immigraion authorities, and my anxiety when confronted with all the usual landing papers and the questions: With whom was I going to stay? What was my relationship with them and where were the documents of guarantee?2 What was their and my own profession?... and so on. The sight of 'Bobbies', whom I came to trust and respect later on, initially triggered a deep-seated fear. Would they shout at me? They, in turn, must have been bewildered and embarrassed by my obvious fear and mistrust of them. How little did they know! Though we were only about 36 hours by boat and train aross the sea the full scale of our horror had not yet penetrated this peaceful island. My knowledge of the English language, studied for years at school, was slow and halting, my brain on alert in this unfamiliar and possibily hostile environment.

Our English train seemed narrower than the one in which we had made our exodus, but what a difference! There were no uniforms to frighten us, no shouting or ordering about. Helpful passengers stowed my luggage in the rack above my head, far too high for me to reach. And although they could not banish my sorrow, their undivided friendliness in offering us sweets and chocolates, drinks and cigarettes impressed me deeply. None could fail to observe the hungry and fearful looks on our faces. One businessman who had just returned fom a trip abroad smiled at us kindly, understanding in his eyes. "What you poor souls need, I think, is a hearty breakfast... No, no, keep your coppers," he said to those of us who started counting our pitiful remainders of the 10 marks we had been allowed to take with us, "this is on me."

And then, at last, Liverpool Street Station, the terminus for many a traveller. The family who had vouchsafed my stay in England for the time being was waiting on the platform. We exchanged the pre-arranged signs of recognition, as agreed in our letters, and with "How do you do" and "Pleased to meet you", I was ushered into their small car. Quite suddenly, a change took place inside me and I felt a deep impulse to fall on my new friends' necks. But I remembered from my lessons that such a public display of sentiment would embarrass my hosts, to say the least, and would have been considered quite unladylike! As if I had never spoken anything but English, my tongue now loosened - the ice was broken; the new language prevailed. Well, I was in England and more important, I was free, a human being who could ask questions without being rebuked.

"Do you think I could send a telegram to my parents?"

I felt my obligations to both sides. The past, like a big shadow in the dark, clung to me despite my arrival in a new place. The present, I hoped, seemed friendly and understanding if I were



prepared to do my share for those who helped me to come here. The future, well, would the future be generous and reunite me with my loved ones? Those were my thoughts, standing in the queue at the post office, only 36 hours since I started off.

"London... February 24th, 1939... arrived safely... love, Rita."

Grateful thanks to Terry Hall who knew Rita well and kindly allowed us to print her story. Neither her parents nor any of her extended family survived the Holocaust. Rita remained in England for the rest of her life, never married and died in a nursing home in Berkshire aged 93.

Stamped on the top left hand corner of Rita's birth certificate:

Hamburg, 21 December 1938. Following the notification of 11 December 1938, Rita
Nachum who lives at No. 16,
Kielortalle, has, in addition to her first name, accepted the name 'Sara'.

The angry (red) cross through these words was probably done later by Rita.

¹ The Law on the Alteration of Family and Personal Names, passed in August 1938, required German Jews bearing first names of "non-Jewish" origin to adopt an additional name: "Israel" for men and "Sara" for women (www.ushmm.org)

² The UK Jewish Refugee Committee and other relief agencies sought out personal guarantors for refugees as part of a government scheme whereby a guarantor bought a Guarantee for £50 to ensure the person for whom the guarantee was given would not become a financial burden for the British government. An estimated 6000 Jews were saved this way.

St Mary's Overton, Laverstoke and The Community Church Calendar

August 2022



We recommend that on arrival at church you make use of the hand sanitiser provided.

Please let us know asap if you have visited our building

and subsequently develop symptoms of, or test positive for, Covid19.

Rectory: 01256 589614 | Admin: 01256 770717

Overton	10.30am	Breakfast Church
Laverstoke	-	No Service

Overton	11am	Sunday Celebration	
	6pm	Evensong	
Laverstoke	9am	St Nicholas Church Holy Communion 1662 Book of Common Prayer	

14th

Overton	11am	Holy Communion
Laverstoke	9am	Holy Communion 1662 Book of Common Prayer

28th

Overton	11am	Sunday Celebration
Laverstoke	9am	Matins





Key phone numbers at your fingertips:







ACTION - volunteer drivers

07733 602972 – call between 9am and 1pm Monday to Friday volunteer drivers take people to medical appointments

Basingstoke & Deane Council 01256 844844

Citizens Advice 0344 411 1306

Overton Surgery 01256 770212

Police - non-emergency Phone 101



We meet on Sunday mornings at St. Luke's Hall from 10.30am; a combination of singing, prayer, a talk from the Bible and sharing from the congregation. There are also children's groups.

August Programme:

7th - Meeting at Oakley Junior School with One Church Oakley, 10.15am. Children's work provided.

14th - Uganda Sunday with missionary Annie Crowe speaking.

21st - Short gathering followed by Bring and Share lunch at 11.30am.

28th – No gathering.

Little Creations - Closed during August but back in September once the school term starts up again.

JoyZone – We're stopping for the August school holidays, but JoyZone will start up again in September.

You can find out more at

lifespringcommunitychurch.org or find us on

Facebook.

Earl Robinson, 07827 878263



ST MARY'S, OVERTON AND ST MARY THE VIRGIN, LAVERSTOKE

www.stmarysoverton.org.uk • www.stmaryslaverstoke.org.uk

Rector The Revd James Russell revjames.overton@gmail.com 01256 589 614

The Rectory, 54 Lordsfield Gardens, Overton RG25 3EW

Day off: Friday – please contact either the administrator or one of the church wardens

Associate clergy The Revd Ken Bell 01256 770 890

Licensed Lay Ministers Peter Silverwood, Mike Francis

AdministratorRuth Williamsadmin@stmarysoverton.org.uk01256 770 717

119 Winchester Street, Overton RG25 3NB

9am – 3pm weekdays

ST MARY'S, OVERTON

Churchwardens Stuart Williams 01256 770 717

Mike Smith 07961 867 302

PCC Secretary Jocelyn Serfontein 01256 771 933
PCC Treasurer Christopher Cates 07817 101 179

31 Boathouse Meadow, RG25 3FE

Church room

bookings Peter Sweet 01256 770 672

pwsweet@hotmail.com

ST MARY THE VIRGIN, LAVERSTOKE

Churchwardens Brenda Bond 01256 895 594

Diana Goodwin 01256 771 855

PCC Treasurer David Ellis 01256 892 895

OVERTON METHODIST CHURCH

We are sad to report that the Overton Methodist Church has closed. For information on Methodist churches near to Overton, please contact Jane MacKenzie (01256 771121)

CATHOLIC CHURCH

Masses at St Joseph's Church, St Michael's Road,

Basingstoke 01256 323 595

LIFESPRING COMMUNITY CHURCH

Meets in St Luke's Hall at 10.30am

Contacts Earl and Rebecca Robinson 07827 878 263

CHILDREN'S GROUPS

Contact Church Administrator 01256 770 717

Sunday groups

11.00am during the Sunday church services except for

All Age/Family Services

Little Sparks
Sparklers
Fireworks
for babies and pre-school children
children in KS1 (years R, 1 and 2)
children in KS2 (years 3, 4, 5 and 6)

Bonfires for those in year 6+

Friday Toddlers

10am - 11.30am in the church rooms for play, craft

and refreshments

OTHER MIDWEEK GROUPS

ask the church administrator for venue details

 Meeting Point
 1st Friday of the month 2:30pm
 01256 771 155

 Home Groups
 for Christian discipleship
 01256 770 717

 Bellringers
 Fridays 7.30pm – 9pm
 01256 770 980

 Art/Craft
 Term time Thursdays
 01256 770 886

11am - 1pm in the Church Rooms

CHURCH SERVICES AND MIDWEEK GROUP MEETINGS LISTED ON THIS PAGE HAVE NOW RESUMED BUT PLEASE CHECK DETAILS WITH THE ORGANISERS

St Mary's Church Rooms

The perfect venue for receptions, parties, clubs and meetings. The church rooms are open for the benefit of the whole village and you can be sure of a warm welcome.

We have a large hall which seats 80 in comfort, a modern, well equipped kitchen and a superb lounge.



Hall | seating 80 | £12/hr Lounge | seating 30 | £8/hr

For bookings, ring
Peter Sweet
01256 770 672

CONTRIBUTIONS FOR THE TEST MAGAZINE

We welcome contributions to *The Test*. If you would like to write an article for us, please contact Julia Hodgson.

The deadline for September 2022 is Friday 5th August.

Editor Julia Hodgson test@stmarysoverton.org.uk

07983 362 979

Graphics Assistance Peter Silverwood

Distribution Janet Marsh 01256 770 543

Distribution date for the September Test magazine will be

Tuesday 30th August from 35 Poyntz Road

I was hungry and you gave me something to eat,
I was thirsty and you gave me something to drink, I was a stranger
and you invited me in, I was naked and you clothed me, I was sick
and you looked after me, I was in prison and you came to visit me...



I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.

Samara Levy's talk at St Mary's Church on **Sunday 3 July** was based on these words from **Matthew 25: 31-46**.

She described the passage as an instance where Jesus spells out very clearly what he wants from us and went on to show how it speaks directly to the dire situation in Syria where, according to UNICEF, 70% of the population need humanitarian help. Food prices skyrocket annually while salaries remain the same and the poor suffer the most.

"I was thirsty and you gave me something to drink"

Lack of water is a huge issue in Syria made worse by the domino effect caused by economic sanctions, which prohibit the import of fuel to generate the electricity that operates the water treatment and pumping stations. It is hard for us who can draw clean water at the turn of a tap, to imagine the extent to which people's lives and livelihoods are affected by such shortage.

Hence the 're-greening the desert' project. Wells have been dug and the water has made it possible to grow food for people and pasture for animals and so fulfil the charity's vision of long-term self-sufficiency and provide for the poor.

"I was a stranger and you invited me in"

A third of the Syrian population is internally displaced, i.e., 1 in 3 do not live in their own homes. Aid has been distributed to hundreds of thousands of these people over the years, and medical help has been dispensed from centres set up for the purpose. One such was in Deir-ez-Zor which was controlled by Isis for some years. One day an orphaned boy arrived at the centre with injuries resulting from physical abuse by his uncle. It was a turning point for Samara who realised that it was not enough just to treat

these injuries; she discerned an equal need to reach out to, welcome and build relationships with such children and provide them with a place of safety. A support centre was established for widows and orphans, a haven which children could come to every day and be cared for, educated and given a proper meal.

"I was naked and you clothed me"

Samara admitted that even after all these years she is still shocked by the abject poverty; children wearing sandals in sub-zero temperatures, people, many of them elderly, living in post-siege rubble, without windows or doors, sometimes with only a single blanket for warmth. She spoke of a child whose toes were deformed from wearing shoes that were too small for him for too long. "I can't say I am doing everything I can to serve Jesus while there are children like this in the world". In 2014, she asked people to start collecting used children's clothes and shoes and against all the odds arranged for their successful transport to Syria. The response was overwhelming and became known as 'Samara's Aid Appeal'. She hopes to start a new appeal in the autumn to send winter shoe bags to children.

"I was sick and you looked after me"

More than half the population of Syria need health care assistance. The hospitals are seriously under resourced and there are not enough trained staff. Samara's team set up temporary field hospitals at various times and in different places which provided invaluable services to people during the conflict, and the charity has almost completed turning a bomb damaged carcass into what will be their first

Christian medical centre.

Samara explained that all their projects, not just the medical ones, are run by an extraordinary doctor known only as 'Dr A'. The anonymity is essential to protect his privacy and keep him safe. Born into a poor Christian family, he knew from an early age that he wanted to become a doctor, but this would only be achieved if he could get a scholarship. He worked hard and gained the top marks he needed, but suffered a great deal of bullying in the process which strengthened his faith and gave him the resilience for the work he was to do later - choosing to stay and serve people during a savage conflict and braving the many perils that this entailed 1.

"I was hungry and you gave me something to eat"

More than half the population in Syria cannot afford to eat 3 meals a day. According to UNICEF 9 out of 10 children now need humanitarian help and it is predicted that things will still get worse. This is one of the reasons Samara's Aid is looking at investing in farming."We can raise money for food, buy it and distribute it, but it's gone tomorrow and people are still hungry. We need something longer term and sustainable that ensures the provision of food year after year." The investment in the first few years is enormous but Samara believes that by focusing the projects on traditional farming methods, enough food can be produced to feed some of the poorest and be sustainable in the long term.

¹ Dr A's 'gripping story of sacrifice and endurance' (words from the flyleaf) is told in his book, *Up from the Ashes*.

A Poem for August

When I Heard the **Learned Astronomer**

When I heard the learned astronomer, When the proofs, the figures, were ranged before me.

When I was shown the charts and diagrams, to add, divide,

and measure them,

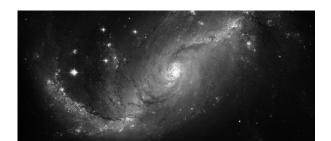
When I sitting, heard the astronomer where he lectured with

much applause in the lecture-room,

How soon unaccountable I became tired and sick, Till rising and gliding out I wandered off by myself, In the mystical moist night-air, and from time

Looked up in perfect silence at the stars.

Walt Whitman



Old Time Favourites

COURGETTE AND STILTON SOUP

INGREDIENTS

2 large courgettes

25g butter 1 large onion

1 pint chicken stock

50g Stilton cheese, crumbled **Black pepper**

METHOD

Wash and trim the courgettes and slice into narrow rings. Peel and chop the onions.

Melt the butter in a heavy based saucepan and then add the onion, stir to coat, put the lid on the pan and leave to "sweat" gently over a low heat, stirring from time to time until the onion is soft but not brown. Add the courgettes, stir for a few minutes and then add the stock. Simmer gently, partially covered, until the courgettes are soft.

Allow to cool slightly and then either mash with a potato masher for a chunky texture or liquidise for a smooth soup. Re-heat without boiling, stirring in the Stilton until it has all melted.

I first made this one day last summer when I had no broccoli but some home grown courgettes from my neighbours' garden. The recipe is sufficient for two good helpings but it is easy to increase the quantities if you want to serve more.

Ann Barker

Traidcraft items are available at the village market held on the first Saturday of each month in St Mary's Hall. Alternatively, orders can be made

through Jane MacKenzie

- 01256 771121



Down on the Farm

By James Crosbie-Dawson, Freefolk Farm

June has been a disappointing month for the farm, as the weather has produced little rain. We have been lucky that so far the weather has not been too hot, but the spring sown crops are suffering. Maize was grown for sale to the biodigester and to make silage to feed to the cows. Although maize thrives in the warm weather, like all crops, it needs moisture. We are getting to the stage when any rain arriving will be on the late side to help the crop. We still have some second cut grass silage to cut, which we will do in the next few days. We may well have to make the somewhat painful decision to cut cereals to make whole crop silage. Obviously it is cheaper to use food produced on the farm, but it is not so good for the cash flow as the crop is no longer saleable. As the grass has more or less stopped growing, we are feeding next to winter's silage and letting the cows sleep on some of the grass paddocks. They are able to walk back to the troughs at night and at the moment, there is just enough grass for them to graze. This is undoubtedly going to be an



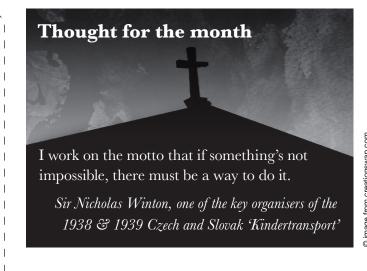
expensive few months, and we must hope that the milk price maintains its present price. The weather forecast for the next few days will bring the harvest forward and I suspect the combine will be working before you read this. In the meantime we have the shearing to do and the second cut of silage to make. The latter will be a difficult job as the grass will be so dry. No need to wilt, as it will be too dry when it is cut. It will be just a case of getting it into the trailers as quickly as possible. The harvest is well under way in southern Europe and the crops appear to be OK, so hopefully ours will follow suit. If this weather persists we shall have to cool the grain down, but it is very unlikely to need drying. ■

word-search recipe

see if you can find some of the words in the recipe on page 19 among the letters below

courgette, stilton, soup, onion, chicken stock, black pepper, butter, simmer, saucepan

GYGUNQAGBWGAXR UKCOTSNEKCIHCR HEPTGKHRJGWGOE JSTILTONWFSVHP BODTMESJMYIM NUDKEMHFOORXGE TPEJEGZEERFOYP HLGJWORRGHNLWK V D F R E T T U B I U R Z C QTGEJKLAOTEDAA RNJMBSANMCDEUL **VDIMFUFLGSKYUB** RTHIMZLGLHAIRS IHWSAUCEPANJMV





Quick route

Tourist: Officer, what is the quickest way to the hospital?

Officer: Close your eyes, try to cross this street, and you'll be there in 15 minutes.

Baptism

In a church, at the font, a small boy was being christened.

His older sister whispered: "Behind his ears, too, Reverend Smyth!"





On 28th June *Honesty* in Overton and *OvertoU* hosted an evening for local Ukrainian guests and hosts to get together in a welcoming environment to meet each other and chat.

Honesty proved to be the perfect venue for the group of about 25 people including children and teenagers and provided a very welcoming space and atmosphere for folk to relax, get to know each other and share their stories. The Honesty cakes and drinks (all provided free) were delicious, and the room was decorated with sunflowers, lights, ribbons, tablecloths and bunting, all in Ukrainian colours. Some of the feedback included: "Thank you for organising last night, a most

enjoyable evening and my guests particularly enjoyed themselves", "My guests came home all sparkly after meeting some new friends too, thank you", "As did mine!". The guests have now set up their own WhatsApp group and OvertoU will keep in touch with the hosts to offer support and an ongoing welcome. If you would like to offer to help in any way, please email us at contact@overtou.org

Ginnie Cates

Hello again!

As we come into
August, I wondered
if you have a few
days off work, and
maybe more time
to be at home or to
go away on holiday?
This is often the time
of year for a change in our usual
routines and a rest from our
busy lives, with time to pause
and take in the year so far, and
maybe more time to pray and be
close to God.

I have recently come across some quotes from Mother Teresa on prayer which I have found rather inspiring, and thought you may do too: -

"Prayer feeds the soul – as blood is to the body, prayer is to the soul – it brings you closer to God."

> "Prayer is putting oneself in the hands of God, and listening to His voice in the depth of our hearts."

"I used to pray that God would feed the hungry, or do this or that, but now I pray that he will guide me to do whatever I'm supposed to do, what I can do. I used to pray for answers, but now I'm praying for strength."

"I always begin my prayer in silence,

for it is in the silence of the heart that God speaks."

"Prayer is nothing else than being on terms of friendship with God."

And I found this for when we're working: "You can pray while you work. Work doesn't stop prayer and prayer doesn't stop work. It requires only that small raising of the mind to him: I love you God, I trust you, I believe in you, I need you now. Small things like that."

I pray that you would be refreshed and re-energised spiritually over the summer months.

Annabel x



August Surgery News

As we come through the pandemic and adapt our services to meet the growing needs we want to remain resilient. It has felt pretty tough recently for everyone.

Our vison and values are unchanged and we wanted to share them with you as a reminder to us all.

Our Vision:

To work in partnership with our patients and communities to improve health and well-being.

Our Core Values:

Respect – our patients and our colleagues

Encourage – our patients to take responsibility for their own health Support – our patients and colleagues to achieve the best health outcomes possible

Respect: Please always be considerate to our reception team – they are on your side and trying to help you.

Encourage: Have you considered other ways of accessing advice and help

through our website or the Healthier Together app for children? Do you have online access to review your results and order your medication? Have you given us 5 days' notice for your prescription? Support: We are offering face-to-face, video and telephone appointments. We will have a reduced capacity over the summer due to the departure of Dr Bartlett and Dr Rial, and holidays. We are trying to recruit, but so are many surrounding practices. Dr Gemma Lahiff is returning from maternity leave in August and Dr Rebecca Maynard in September.

Working across both Watership Down Health and Tadley, we have our Primary Care Network team. When you contact the surgery, you may be offered an appointment with a member of the following groups of extended team members:

Clinical Pharmacists (Maddie Teo, Hafeeza Ayuoob, Zara Khan) can help with medication questions and reviews.



Pharmacy Technicians (Alison Cuthill and Beatrice Hodges) are supporting us with medication reconciliation after outpatient appointments or admissions.

Social prescribers (Tracey Powell and Stephanie Nelson) can help you with accessing support from other agencies

Health & Well-being Coach (Jo Potz-Rayner) can help with support on diet and exercise.

Mental Health Team includes Paul Johnson (mental health nurse) who has daily appointments for those in need of mental health advice. Lisa Holley (health & well-being coach) and Eva Alvarez-Ruis (mental health support worker) for adults and Hannah Barrow (youth mentor) who are in once a week for advice.

Musculo-skeletal First Contact Practitioners/ Physiotherapists

(Russell Burwood and Jessica Harrison-Crowley) who are in weekly to see any patient over 18 with joint problems.

Brian Elkins



If foot problems and foot pain are stopping you living and loving life see a Podiatrist

Call **07887 368899** to book an appointment

Visit www.cffootclinic.co.uk for available services

Email me with any queries at info@cffootclinic.co.uk

Catherine Fletcher-Liddell BSc(Hons) MChS
Podiatrist HCPC Registered

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andy.yorkassociates@gmail.com
www.yorkassociates.org

My Feathered Guest - Part 2

This is the continuation of the story which appeared in the June Test, of the female robin which took up residence in a decorative ceramic jug attached to my garden wall in early May. Within a week 6 hungry chicks had hatched...

Over the next 10 days or so, mummy robin spent less and less time sitting on her brood and more time flying about foraging for food. My friend Peter suggested I buy some meal worms at Claws & Paws to help her. It did! She would sit at the top of my garden fence eyeing the plate of worms and then swoop down to feed her hungry brood. The six nestlings developed more and more "black fuzz" and began opening one eye as they still seemingly nestled patiently, lying partially on top of each other, eagerly awaiting each feeding time. Every day the 6 little birds became more and more boisterous, pushing into each

other and climbing all over the nest. I began to fear that one might be pushed over the rim of the jug and installed a tray just beneath whilst mummy robin continued her surveillance, perched on the high fence, directly above. After about 15 days, the "nestling" stage was definitely behind us and the little birds became what is called "fledglings" as their flight feathers are the last to grow. Sadly for me, once they have left their nest, the baby robins, will not return to "the jug" which has been their cradle and will then, hopefully, find shelter in some tree branches nearby. Right on schedule - May 18th - the last of the 6 robins left their nest and I could see



them scurrying around the courtyard and sitting on some of the branches of my potted plants. Mummy would now swoop down and still feed them on the ground but I did see her fly back up to the jug once or twice - just to make quite sure, I suppose, that they had all left the nest. I will certainly not soon forget the lovely 3 weeks or so that they kept me company in my little garden on Bridge Street.

Brigitte Tournier









For children aged 2yrs to school age. Every child is valued as an individual. We follow the EYFS and are Ofsted regulated.

Open term time only from 8.30am - 4pm. Holiday club in July for children aged 2yrs - 8yrs old. Competitive hourly rates which include local trips, gym, music, craft and all curriculum activities. Excellent outdoor learning areas allow free-flow access all year round.

Brenda Sampson 07786 294 574 or come and see us at The Ken Hogan Pavilion, Overton RG25 3BT



Bats (that aren't in the belfry!)



Bats have been found in churchyards for a very long time, often roosting in trees or buildings. A bat roost may be nearly as old as the building with around 60% of pre-16th century churches containing bat roosts. There are seventeen species of bat native to the UK: eight of these use churches or chapels for roosting, including some of the less common species such as the Natterer's bat and the Serotine bat. Some of the remaining nine species roost in large trees.

Bats do not roost in the belfry... too much noise! They usually use different roosts through the seasons. Bats need nursery roosts for the young, winter roosts to hibernate and also temporary roosts to digest their food and to sleep in during the daytime. They like to roost in clean, draught-free, quiet crevices where the temperature is constant. Within churches or chapels bats are found in the eaves, porch, under roof tiles, in old timber joints, behind

ceilings, hangings and commemorative

plaques. (Having bats in the building is not always easy so if there are issues search online for 'Bats in Churches Project' where the Bat Conservation Trust has some advice and support for

finding practical solutions to sharing the space with bats!)

Bats also roost within chest tombs, in holes or cracks within a wall, behind ivy or in lychgates. When roosting in trees they use holes, crevices, flaking bark and gaps behind ivy. Veteran trees are full of possible roosting places.

Churchyards tend to have a mixture of large trees, grassland, flowers, areas of long or tussocky grass, compost heaps, log piles and stonework.

They are generally relatively free of chemicals, tend to have some areas which are not too tidy and may have been there a long time. All of this leads to a good population of insects which are food for the hungry bats.

Why not have a quiet sit in the churchyard at the end of the day, look to see if any swifts are swirling around and then wait to see if any bats appear? Bats can fly long distances to forage for food so, even if you don't have roosting bats in your churchyard, they may well come visiting.

Andrea Gilpin andrea@cfga.org.uk www.caringforgodsacre.org.uk

National Garden Scheme – Hampshire

The Community Gardens awards were announced a few weeks ago. For 2022 the National Garden Scheme donated £189,617 supplying funding for 75 community projects across England and Wales. Danny Clarke, aka The Black Gardener, and new National Garden Scheme Ambassador added: "It's great to see this funding going to the heart of so many community projects; projects that will help invigorate the people they support and

introduce new audiences to the huge benefits that gardens and gardening bring to their health and wellbeing and to the environment around them."

This month's open garden:

THE DOWN HOUSE
Itchen Abbas, SO21 1AX
Opening: Wednesday 3rd August,
12 noon – 5pm.
Pre-booking available.
Admission: £5.00, children free.
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Valley, adjoining the Pilgrim's Way. Agapanthus,

herbaceous perennials and potager. A garden of structure with pleached hornbeams, rope-lined fountain garden, yew lined avenue and walks in adjoining meadows.

There is something for everyone with the NGS. Enjoy a great afternoon out knowing that you are helping to fund some very worthwhile charities.

Pat Beagley (Publicity) pat.beagley@ngs.org.uk



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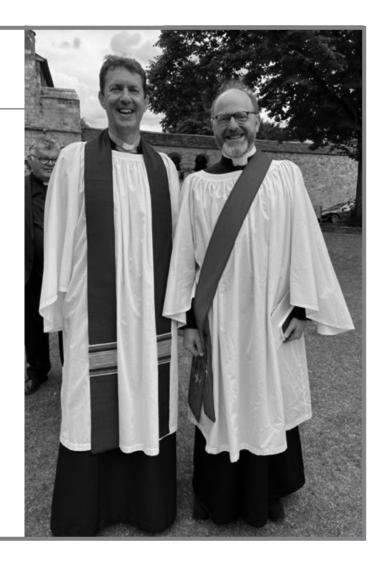
Revd Charlie Seligman

Charlie was ordained Deacon on July 3rd in Winchester Cathedral and it is a real joy to welcome him onto the ministry team here in his new role.

Charlie is no stranger to us having been a Licenced Lay Minister here in the benefice these last couple of years. However, whilst he has previously spent most of his time ministering in Laverstoke that will now change to some degree as he continues to minister more widely across the 6 churches of the combined benefices.

James





From the Registers

Overton

Baptism (adult)

29/06/22 Darren Guy Adair Thompson Burial

13/06/22 Richard Percy Laurence Waldram,

age 81, died 14/5/22

14/06/22 Margaret Lilian Lightfoot,

age 90, died 15/05/22



____Not the Last Word

A word for the wise...

'Don't judge each day by the harvest you reap, but by the seeds that you plant.'

Robert Louis Stevenson



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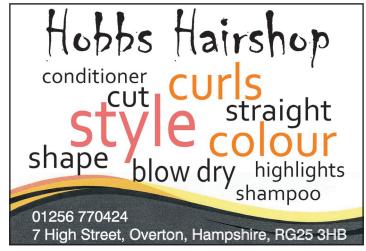
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